

June 2011

**Calling all snowbirds:**

## **Traveling this winter? Let us know before you go!**

**Don't be stuck at your winter location without establishing contact with a physician to whom you can go for all your healthcare needs.**

**We will be happy to:**

- **Assist you in selecting a healthcare provider in the area where you will be staying**
- **Help you refill necessary medications before you go and review your current treatment plan, continued care and prescription needs**
- **Provide you with a copy of your records for easy transfer of information to your local healthcare provider**
- **Review any changes in your health status upon your return in the spring**
- **Communicate with any physicians as-needed**

**Set up a pre-travel appointment today!**